



Christian Anders  · 1.

Crushing the complexity of digital transformation for the world's leading companies in the Communications, Logistics and Travel market

2. Dezember 2019, Christian Anders war Kund:in von Astrid Braungart.

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Astrid was my coach, trainer and, may I say, friend for a 3-month re-orientation phase, I decided to take in late 2019. She took me all the way from identifying my personal situation and my professional strength and led me to plan for my professional future for the next decade. In every minute, I had the feeling that there is a person who really cares about me and ambitiously puts effort in helping me. She knows how to ask the right questions- comfortable or not- with respect and analyses the answers in an unmatched manner and led me towards a sustainable planning for my future career, I could not have done myself. She is extremely intelligent, calm and - yes - humorous. Her comments and suggestions are always well-considered and useful.

I also took part in a series of workshop Astrid lead. Here she covered topics like: decision making, team management, values, training interviews, communication, body language, personal development and gave insides in the hire processes in various companies. She was able to integrate all attendees regardless of the differences in background and level of experience.

In 30 years, I never had a better coach than her and I can absolutely recommend her.